



March 2026 Newsletter

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"Serving Our Community with Care and Compassion"

March brings longer days, early signs of spring, and a fresh sense of renewal. As the weather slowly begins to change, it's a great time to enjoy a little extra daylight, reconnect with neighbors, and prepare for the new season ahead. **Daylight Saving Time** begins **Sunday, March 8, 2026**. Remember to turn your clocks forward one hour before going to bed on Saturday night, March 7th. **St. Patrick's Day** is on Tuesday, **March 17, 2026**. St. Patrick's Day is a fun celebration of Irish heritage, good luck, and community spirit. A few ways to celebrate would be to wear a touch of green and to enjoy Irish-inspired foods like corned beef, cabbage, or soda bread. The **first Day of Spring is March 20th**, and it is a **great opportunity to spread some kindness**. A friendly greeting, a shared conversation, or checking in on a neighbor can brighten someone's day. Small acts of kindness help make our community feel at home. We are grateful to serve you and wish you a safe, healthy, and happy March.



REMINDER

- A few safety reminders to keep in mind: as snow melts and walkways become wet, please watch for slippery surfaces and wear sturdy, non-slip footwear. If you notice any unsafe conditions, please report them to the office.
- Turn clocks forward before you go to bed on Saturday, March 7th. Daylight savings begins on March 8th.
- When ordering food/items please make sure you provide your entire mailing address, to includes the number and letter of your unit. The housing authority is not responsible for any items delivered to residents.

SITTERCISE

March 2026 Schedule

Hamden Village 11-11:45am
Tuesday's 3, 10, 17, 24, 31

Hamden Village 10:45-11:30am
Thursday's 5, 12, 19, 26

Congregate 3:15pm-4pm
Monday's 2, 9, 16, 23, 30

Crime-Prevention Safety Tips

from the Hamden Police:

1. Park in well-lit areas.
2. Avoid driving or shopping alone whenever possible.
3. Do not leave your purse unattended in a shopping cart.
4. If possible, leave your purse at home. Carry only essentials, such as money, credit cards, and identification in your pockets.
5. Close and lock all windows and doors when you park.
6. Do not leave any valuables in your car.
7. If you sense trouble, get away as soon as possible.
8. Do not look like an easy target. Walk with your head up and eyes alert.
9. Beware of phone scams like Medicare and others. Never give any of your personal information over the phone. Instead, hang-up and call the organization directly.